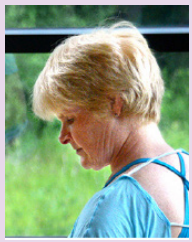
Shining Your Inner Light with Art & Sound

A Gift of Self-Care

Dee Crowley, LCSW is a Holistic Body Inclusive Psychotherapist and the founder of SOLACE.



Marian McNair has worked with Sound and Vibrational Healing for over 20 years.

S O L A C E

A GATHERING PLACE

5225 Old Orchard Rd, 24-B
Skokie, IL 60077
www.truesolace.org

Everyone has an inner light! Your heart is where your inner light resides. Come connect with it, take responsibility for it and play with it! Join Dee and Marian in this special time set aside for self-care— Just for YOU— as we enter into the busyness of this time of year.

Unwind, relax and restore with the lovely energy of the Crystal Bowls. From this space of deep connection to your inner light we will embrace the creative energy of your heart as we spend time expressing our light through the sacred art of Mandalas.

Sunday, November 4 | 2:00-4:00 pm

Cost: $55

www.truesolace.com/events
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